



CAPE Inc.
Community Association for Preschool Education



Parent Handbook
Central Alameda
2020-2021

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VISION STATEMENT

CAPE's primary focus is providing the best quality early childhood development services that meet the needs of low-income children and their families.

CORE VALUES

ACHIEVE EXCELLENCE

PROMOTE DIVERSITY

RESPECT INDIVIDUALS

EMBRACE RELATIONSHIPS

DEVELOP PARTNERSHIPS

PROMOTE LEARNING

ACCOUNTABILITY

INCLUSION

BEING THE ROLE MODEL

MISSION STATEMENT

CAPE will provide the highest quality program for young children and their families in Eastern Alameda County.

CAPE's program will enhance the child and families development of social competencies and school readiness.

CAPE will incorporate best practices in education, health, nutrition, parent involvement, mental health, and disability services.



CAPE School Sites / Official Phone List

2020-2021

CAPE, Inc. Office

3037 Independence Drive, Suite A
Livermore, CA 94551
Phone: 925-443-3434
Fax: 925-215-2376
M – F 8:00 – 5:00

Bess Platt Center

Site Supervisor: Liliam Ferreira
1401 Almond Ave, Rooms 13 & 14
Livermore, CA 94550
Phone (Rooms 13 & 14): 925-447-8710
Fax: 925-447-1213
BP 13 & 14: M – TH 8:30 – 3:00, Fri. 8:30 – 11:30

Jackson Center

Site Supervisor: Fawzia Saffi
560 Jackson Ave
Livermore, CA 94550
Phone: 925-455-7270
Fax: 925-455-7271
M – TH 8:00 – 4:30, Fri. 8:00 – 3:00

Ormond Center

Site Supervisor: Gurjit Kaur
800 Marilyn Ave, Rooms 40
Livermore, CA 94551
Phone (Room 40): 925-606-1175
Fax: 925-606-5449
Full Day: M – TH 8:00 – 4:30, Fri. 8:00 – 3:00

Sunset Center

Center Director:
22100 Princeton St
Hayward, CA 94541
Phone:
Fax:
M – TH 8:00 – 4:30, Fri. 8:00 – 3:00

Sunnyside Daycare

Center Director: Pedro Reyes
414 Shirley Ave
Hayward, CA 94541
Phone: 510-828-3438
M – F 7:00 – 6:00

Frederikson Center

Site Supervisor: Celia Cervantes
7243 Tamarack Dr
Dublin, CA 94568
Phone: 925-828-2761
Fax: 925-828-4531
M – TH 9:00 – 3:30, Fri. 9:00 – 12:00

Hill n' Dale Center

Site Supervisor: Tina Eplin
4150 Dorman Rd
Pleasanton, CA 94588
Phone: 925-426-8341
Fax: 925-426-4714
M – TH 9:00 – 3:30, Fri. 9:00 – 12:00

Almond Center

Director: Angela Elkins
Site Supervisor: Natalie Diaz
1401 Almond Ave
Livermore, CA 94550
Phone: 925-828-2761
Phone (Room 37): 925-245-0589
Phone (Room 39): 925-245-0579
Fax: 925-828-4531
M – TH 8:00 – 4:30, Fri. 8:00 – 3:00

Burke Center

Center Director:
612 W A St
Hayward, CA 94541
Phone: 510-670-7685
Fax:
M – F 8:00 – 5:00

Chabot Center

Center Director: Jemima Munoz
25555 Hesperian
Hayward, CA 94545
Phone: 408-507-6048
Fax:
M – F 8:00 – 5:00

Admission Information

Welcome to Community Association for Preschool Education (CAPE) Inc. We look forward to getting to know you and your family and partnering in the care of your child.

CAPE Inc. is funded through the Federal Head Start/Early Head Start Program and the California Department of Education and provides early childhood education services to children (0-5 years of age) at locations in Livermore, Pleasanton and Dublin and through an Early Head Start Childcare Partnership in Eastern and Central Alameda County. Children attend school for 3.5 hours, 4 days a week in the part day Head Start programs. Children enrolled in the extended day programs attend school for 6.5 hours for 4 days a week and 3 hours on Fridays. In the full day program, children attend school for 9 to 10.5 hours per day Monday through Thursday and 6.5 to 11 hours on Fridays. Children enrolled in California State Preschool Program (CSPP) funded only Preschool slots meet Monday through Friday for 3 hours per day. CAPE is participating in the CDE Alameda County AB833 Pilot Program.

Part day and Full day State Funded Preschool programs, and General Childcare funded slots for toddlers, are operated with combined funds through subcontracts with Livermore Joint Unified School District and Kidango, and a direct contract with the California Department of Education Early Education and Support Division and Head Start/ Early Head Start. In addition to Federal Head Start requirements, in order to participate in these programs, families must meet California Community Care Licensing Regulations and the California Department of Education requirements. Early Head Start Services for children 0-3 years of age are held at the Jackson Center/Almond Center in Livermore.

In order to participate in the Head Start/Early Head Start/State Funded Preschool programs, families must qualify based on their child's age and income. Families in the full day programs must be working, attending school or a combination for a total of at least 30 hours per week.

Education programs and activities are made available to all qualified persons in compliance with the Americans with Disabilities Act (ADA).

All programs are accessible to persons with disabilities. The agency welcomes the enrollment of children with disabilities and understands the requirements of the American with Disabilities Act (ADA) to make and implement reasonable accommodations for such children. CAPE Inc. is an inclusive program in which all children are nurtured and participate in play and learning activities together. The philosophy of an inclusive program is to acknowledge and support the individual needs of each child and to make sure every child feels welcome.

Appointments are scheduled with the ERSEA unit to review documentation, to determine eligibility in the program, and to complete the enrollment process. An orientation is held in the classroom prior to the child beginning school.

Parents must complete the following documents during enrollment and orientation:

Admissions Agreement	Parent/Personal Rights
Emergency Information Card	Exclusion and Attendance Policies
Health History	Positive Behavior Support Policy (Preschool)
Late Pick up Policy	Agency Consent Form
Immunization records/requirements	TB Test/risk factors if over the age of 12 months
Nutrition Questionnaire	Code of Conduct

CAPE INC. Full, Part & Extended Day Preschool Participation Guidelines

Sign In/Sign Out Procedures

Sign/In/Dropping your child off at school

An adult (18 years or older) must accompany your child into the classroom where a member of the teaching staff will greet them each day and perform a “health check” on your child. The parent/guardian who drops off the child must sign the child in daily with **complete (full legal) signature**, time of arrival, and complete any other paperwork that may be necessary. Parent/guardian should inform the teachers of any changes in the daily routine at this time.

Daily Health Check

Before you depart the center, staff will complete a Daily Health Check to ensure your child is well enough to participate that day. Should your child exhibit symptoms requiring temporary exclusion, he/she will not be admitted into the program and sent home until symptoms improve.

Hand Washing

To reduce the risk of illness, please take your child to wash his/her hands after you sign them in.

Picking your child up from school

Your child must be picked up promptly according to your admission hours. Children will only be released to adults (**18 and older**) listed on the child’s emergency card. Picture identification is required. Your complete (**full legal**) signature and time of departure is required to sign your child out each day.

Sign Out

Children will not be released to an adult in an intoxicated condition. If a parent, guardian or designated adult arrives to sign child(ren) out while under the influence of alcohol or drugs, the police will be called immediately and will handle the situation as necessary.

It is unlawful for a person under the age of 18 (other than a parent), to sign in or out, regardless of whether they are a sibling or relative. Therefore, children will not be released to siblings, relatives, or friends under the age of 18.

Cars

Never leave your car running while dropping off or picking up your child.

Never leave children under 12 years old in car alone.

Consent for Emergency Medical Treatment/Release Information

During the orientation process, you will complete an Identification & Emergency Information Card that will provide CAPE Inc. with the names of those individuals (over the age of 18) who are authorized to pick up your child from school and may be called in case of emergency. Your child can only be released to those persons that are listed on the emergency card. **NO verbal consents will be authorized.** **Picture identification is required.**

Your child is required to have Consent for Emergency Medical Treatment Form on file with CAPE Inc. Procedures specified on the Identification & Emergency Information Card will be followed.

Identification & Emergency Information Card Updates To make changes to your phone number, address, or emergency contacts, please contact your child’s teacher **immediately**. Only enrolling parent /guardian can make changes to the emergency card. All changes must be made in writing. Enrolling parent/guardian is required to update/verify and sign off on the Identification & Emergency Information Card monthly.

School Year

The program year for part & extended day classes is from September to early-June. The program year for full day classes is August to August. A school calendar will be provided to parents with a list of all scheduled holidays, early release days, and modified schedule (attendance) days. Parents/guardians will be notified of any changes that may become necessary with a Notice of Action form, 14 days in advance of the change.

Health Requirements

California Community Care Licensing (101220) (a) requires your child to have a current physical exam (within last 12 months) or a verifiable scheduled doctor's appointment for an exam within 30 days of enrollment. Your child must have up to date immunizations and a current documented TB test/risk assessment before they may begin school. Please indicate any health concerns your child may have on the Identification & Emergency Information card and health history form.

Children with an identified health condition, such as asthma, seizures, or other medical concern that may require medication, are required to have an "Action Plan" completed by their medical provider. This plan informs the staff of the child's medical concern and if there are any limitations to the child's participation in our program. Medical "Action Plans" are renewed each program year by your child's medical provider or throughout the year, if necessary.

Please update any changes in your child's health with the teacher.

Head Start children need to have a dental assessment within 90 days of enrollment

Illness

If your child is ill, he/she needs to stay home. If your child has a contagious disease, example, Chicken Pox, Measles, Pink Eye, etc., inform the center of the illness as soon as possible. (Refer to exclusion policy)

Medication

If your child needs medications while attending school, you must contact the Site Supervisor before your child starts school to make all the necessary arrangements and to complete the required paperwork. Only prescribed medications can be administered.

Nutrition

CAPE serves well balanced, low fat/sugar nutritious meals and snacks and participates in the CACFP (Child and Adult Care Food Program). Menus and meal patterns are based on the CACFP requirements. All children are served regardless of race, color, national origin, gender, religion, age, disability or political beliefs. Children, who attend full or extended day classes, receive breakfast or a mid-morning snack, lunch and an afternoon snack. Children attending state preschool programs will receive a mid-morning or mid-afternoon snack. Children attending Head Start part day programs will receive a mid morning snack and lunch. Individualized nutrition plans for children with food allergies/restrictions are developed upon recommendations from child's physician. Meals will be served "family style" to children and adults in attendance. A Registered Dietician is available to provide nutrition education. In adherence to the Nutrition Policy, NO FOOD will be sent home or removed from the center. **Food from home is not permitted in the program at any time.** A menu of snacks and meals will be provided monthly.

NO PEANUTS: To reduce the risk of severe allergic reactions, CAPE Inc, will not be serving peanuts or peanut products. **Please do not bring any items into CAPE centers that contain nuts or nut products.**

Clothing

Please dress your child in comfortable clothing so that she/he may participate in all activities. Our curriculum includes activities that can be messy. Children should be dressed according to the weather. Please remember to send sweaters, jackets, or raincoats when necessary. Rubber soled shoes such, as tennis shoes are the safest for running and climbing. Parents need to provide an extra set of weather appropriate clothes to be kept at school at all times. Please label all your child's clothing.

Nap Time

California Community Care Licensing (101230) requires children attending the extended day or full day program be provided with an opportunity to nap/rest without distraction/disturbance from other activities at the center. Bedding and cots or mats are provided by CAPE Inc. to be used by your child during naptime.

Car Seat Safety Laws

CAPE Inc. employees are mandated to report non-compliance of car seat safety laws. State Law (SB 255) outlaws leaving children unattended in a vehicle. Vehicle Code Section 27315 requires children to be secured in an appropriate child passenger restraint (safety seat or booster seat) until they are at least 8 years old. As of January 1, 2012, the children's "Backseat Law" took effect. If your child is younger than 8 years old or under 57", they must be properly restrained IN THE BACK SEAT (no matter what the age, the safest place to be). **Effective January 1, 2017, Children under 2 years of age shall ride in a rear-facing car seat unless the child weighs 40 or more pounds or is 40 or more inches tall.** Violation fine is \$351.00 and a point on your record. There are some exceptions-see California Vehicle Code 27363.

Diaper Policy

In accordance with Head Start Performance Standard 1305.53 (b) (1), CAPE Inc. will provide diapers to those children enrolled in the Head Start/Early Head Start programs, including CAPE Child Care Partner Programs, during their hours of attendance. Children enrolled in the state funded preschool only program will provide their own diapers. If a family wishes to bring their own specific brand of diapers for their child, the staff will keep them separate from the agency diapers.

Birthdays/ Celebrations

In order to protect students with food allergies we do not celebrate Birthdays or other Holidays.

Parent Meetings/Trainings

Parent Meetings/Trainings will be held on a monthly basis at your child's school to discuss classroom curriculum, school readiness, agency updates, community resources, parent issues, and special topics.

Parent Information Board

Each classroom maintains parent bulletin board containing information and resources for parents. Please check it regularly.

Open Door Policy/Parents Rights

All CAPE Inc. classrooms maintain an open door policy, welcoming parents to visit at all times. The enrolling parent/guardian has the right to enter and inspect the facility without advance notice during the normal hours of operation (CCL1596.857). During enrollment and included in this handbook, parents receive copies of the Parents' Rights/Personal Rights as well as information about the rights of the Licensing agency (Admissions Agreement). All parents volunteering in the classroom must have a current negative TB test and signed statement of good physical health (CCL 101216 3 A, B) As well as be in compliance with CA SB792 which

requires that providers/volunteers have proof of vaccination for measles, pertussis and flu vaccine on record.

Bringing Materials from Home

CAPE Inc. provides a stimulating environment rich with safe and age appropriate materials. **Please do not let your child bring toys, money, etc. to school.**

Child Abuse Reporting

In accordance with the California Department of Social Services, Office of Child Abuse Prevention, all CAPE Inc. employees are mandated to report suspicion or knowledge of child abuse or neglect.

Neighborhood Excursions

It is the policy of CAPE Inc. to limit field trips to within walking distance only. These trips will only take place when there is sufficient supervision for the children. There will be no public or private transportation involved.

Cell Phones

Please do not use your cell phone while at the center. Staff and children need your full attention when you arrive at the center, when you pick up at the end of the day and especially when you are volunteering.

Smoke Free Environment

Due to the acknowledged hazards, both to adult non-smokers and especially to young children, arising from exposure to environmental tobacco smoke, it shall be the policy of CAPE, Inc. to provide a smoke-free environment for staff, children, parents, and volunteers. This policy covers the smoking of any tobacco product and applies to both employees and non-employee participants of CAPE Inc. Staff and volunteers will serve as role models by not smoking in the presence of children, parents and participants.

There will be no smoking in any CAPE Inc. facilities or vehicles at any time.

Second Hand Smoke

Second hand smoke can be harmful to young children who are exposed to environments where adults smoke. The effects of breathing second hand smoke are greater for children since they breathe more air in relation to their body weight than adults. The irritants and toxins in second hand smoke can do more damage since children's lungs and immune systems are still developing. Children depend on adults for care and supervision. They are not in control and not able to remove themselves from the environment of the smoker. Enforce a no smoking policy around your child!

Smoking in Cars

Effective January 1, 2008, Health and Safety Code 118947 bans the smoking of any cigarette, pipe or cigar in a moving or parked vehicle while a youth younger than the age of 18 is present.

Curriculum/ Assessment

Our classrooms use the *Creative Curriculum for Preschool, 6th ed.* or the *Creative Curriculum for Infants, Toddlers & Twos, 3rd. Edition* along with incorporating individual needs/interest of the children in planning their classroom curriculum. The curriculum includes a plan that incorporates goals for children's development and learning. Assessments on all children are conducted three times a year during the program year using the California Department of Education Desired Results Developmental Profile (DRDP 2015). The assessment results are intended to be used by the teaching staff to plan curriculum for individual and groups of children and to guide continuous program improvement.

Screeners

As part of CAPE's goal to provide the best start for your child, in collaboration with parents/guardians we will complete two Ages & Stages Questionnaires. The Ages & Stages Questionnaire® (**ASQ-3**), screens your child's cognitive development and the Ages & Stages Questionnaire® (**ASQ-SE**) screens your child's social and emotional development. The ASQ helps identify your child's strengths and areas that your child may need support.

Parent Conferences

Parent conferences will be held twice during the year. During the conference weeks, your child may have a modified school schedule (refer to the school calendar for details). Conferences are a time for parents and teachers to discuss their child's education goals and in collaboration develop a plan to implement appropriate strategies. Conferences may be requested at other times by either parents or teachers as the need arises. Parents are encouraged to speak with teachers daily.

Education Home Visits

Education Home Visits will be scheduled by teaching staff with all Head Start/Early Head Start and childcare partner families a minimum of two times per year.

Positive Behavior Support

In each CAPE Inc. classroom, our goal of discipline practice is: to teach children appropriate skills, to help them internalize important rules that make individual and group life more enjoyable, and to enable them to become responsible for their own behavior.

Guidance and discipline are part of an integrated program focusing on fostering positive self-esteem and building pro-social skills, including interpersonal problem solving techniques. Curriculum, schedule, classroom arrangement and supervision will be utilized to minimize and prevent discipline problems. In addition, CAPE Inc. classrooms will implement the following procedures:

1. Clearly stating the classroom expectations to the children in positive language.
2. A reminder about the rule, give a positive statement to the child about what behavior is expected.
3. Developing a plan - child and teacher will together explore replacement skills and develop a plan so that the child can meet the expected behavior.
4. In instances when a child needs time to regain self-control before a plan can be implemented, a teacher will stay with the child.

It is the policy of CAPE Inc., that no adult (teacher, parent or volunteer) shall use corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse or other actions of a punitive nature to discipline a child. (CCL 101223)

Any form of discipline or punishment that violates a child's personal rights shall not be permitted regardless of authorized representative consent or authorization.

Confidentiality

All information provided by parents will be held in strict confidence. Information obtained from assessments, screenings, observations and all other sources will be used in program planning to individualize for the children. CAPE Inc. will share information only with enrolling parent(s)/guardian listed on the application or with parent designee with written authorization by the enrolling parent/guardian.

CAPE Emergency Disaster Plan

In each classroom you will find an Emergency Disaster Plan Posted. The plan indicates staff assignments and procedures for evacuating the center. You should familiarize yourself with this information. In the event of an earthquake or serious disaster, you may not be able to have contact with the center or the teachers may not be able to contact you immediately. All of the CAPE centers have emergency supplies such as food, blankets and water. Staff will remain with your child until you or your representative is able to pick up your child. Fire drills and evacuation drills are practiced monthly. Children and staff are trained in what to do in the event of an earthquake and on lockdown procedures.

Exposure or potential exposure to COVID-19

COVID Exposure Protocol STUDENT

- Daily temperature and health checks (no exceptions)
- Face Coverings- Children ages 2 and older should wear face coverings (Exception for children with health conditions)
- Disposable mask will be provided
- Student to be isolated and parent contacted for immediate pick up if symptoms present at school
- Parent to contact personal care physician as soon as possible
- Parent contact CAPE health specialist and share doctor recommendations and update site with course of action (example, self-quarantine, testing, return to classroom)
- If testing is required, please report results to health specialist ASAP
- Site closure (case by case) and extensive deep cleaning
- Provide CAPE with return to school note from physician (if possible)
- Health specialist will be in contact with family until symptoms resolve to determine when student can return to classroom (Fever and symptom free without use of medication for 72 hours before can return to classroom)
- If your student or anyone in your home has any of the symptoms below, please keep your child home and contact the Health Specialist Angelina Hernandez (925) 443-3434 Ext. 109
 1. Fever
 2. Cough
 3. Shortness of breath
 4. Chills, repeated shaking with chills
 5. Fatigue
 6. Muscle Pain
 7. Headache
 8. Sore Throat
 9. Congestion with runny nose
 10. Nausea or vomiting
 11. Diarrhea
 12. New loss of taste or smell

Sexual Harassment Policy

It is the policy of CAPE Inc. to provide a professional environment for all employees, program participants or visitors that are free of unlawful discrimination and harassment. A professional workplace provides a safe and discrimination-free environment which promotes courteous treatment of both employees and the public served. Sexual harassment is a form of illegal discrimination and will not be tolerated by the organization. Sexual harassment includes unwelcome conduct of a sexual nature, or expressed sexual overtures; including verbal, physical, visual or written, by any employee or program participant. Specific examples include unwelcome sexual advances, requests for sexual favors or any other conduct of a sexual nature that, explicitly or implicitly, affects an individual's employment or the work environment; especially if the conduct has the purpose, or effect, of interfering with work performance or creates an intimidating, hostile, or offensive work environment. To support CAPE's position the person who believes that they've been sexually harassed should document time, date and location as well as what was said or done.

Additional examples include:

- Off-color jokes or teasing
- Comments about sex life or body parts
- Sexual suggestive pictures, posters, cartoons, calendars
- Leering, stares or gestures
- Unwelcome touching, pats, hugs, shoulder massages, pinches, brushes, blocking
- Making, or threatening to make, reprisals after a negative response to sexual advances

CAPE Inc. takes allegations of harassment seriously and expects allegations to be made in good faith. The organization will respond promptly to complaints of sexual harassment and where determined that inappropriate conduct has occurred, impose prompt and appropriate corrective action. This may include disciplinary action or an evaluation to determine whether to continue services.

All complaints and concerns should be addressed to:

Rosemary Almand (Executive Director) 925-443-3434 ext. 104 OR
Human Resources Manager 925-443-3434 ext. 111

PC approval: 11/19/08

BOD approval: 12/11/08

Parent Participation

At CAPE Inc. we believe that you are the primary educator of your child. Consequently, we believe that your involvement in the school experience is one of the best things you can do to help your child learn and grow. We believe that your child will learn more from you than anyone else in his/her life.

There are many ways that you can be involved in CAPE Inc. Parents participate in classrooms, on neighborhood excursions, in community events, in supporting program operations, in leadership groups, and in preparing materials at home. Speak to the teacher about what you would like to do for your child's classroom.

A TB skin test is required every two (2) years and every (4) years for chest x-ray for parents who volunteer in the classroom. Volunteers with a positive skin test must provide a chest x-ray clearance before they can be admitted into the classroom.

In addition to a TB clearance, all parents volunteering in the classroom must have a signed statement of good physical health (CCL 101216 3 A, B).

Parents must be in compliance with CA SB 792 which requires proof of vaccination for measles, pertussis and flu vaccine in order to volunteer in classrooms.

Your participation in the classroom can lead to employment opportunities. Many of our teaching staff began working with CAPE Inc. as a parent volunteer, then worked as a classroom substitute, furthered their education and became part of the permanent staff.

The way you choose to participate in your child's school is up to you. We want you to feel comfortable. We welcome you and your ideas and look forward to working with you!

Parent/Guardian Roles and Responsibilities

CAPE, Inc. offers many opportunities for parents/guardians to have active roles within the program. These roles come with the responsibility of participating in many of our daily routines, trainings, and/or events. We welcome every parent/guardian to actively embrace any or all of these roles and responsibilities:

<u>Role</u>	<u>Responsibility</u>
Participant	As a participant you will attend planned activities such as: <ul style="list-style-type: none">• Classroom parent meetings• Classroom committee meetings• Family events• Literacy Days• Program Leadership
Learner	As a learner you will have educational opportunities such as: <ul style="list-style-type: none">• Parent education groups• Health Related trainings• Information on child development• Assistance with enrolling for GED classes (High School Equivalency)• Assistance with enrolling for college credit courses• Assistance with enrolling for workshops, seminars, conferences, and talks• Parent leadership training
Contributor	As a contributor you can give a part of yourself to the program such as: <ul style="list-style-type: none">• Volunteering in various aspects of the program• Explore ideas and thoughts on committees and classroom activities• Program Decision Making
Supporter	As a supporter you can bring families together with activities such as: <ul style="list-style-type: none">• Encouraging other parents/guardians to participate• Spreading the good word about CAPE, Inc.• Supporting all staff in their efforts• Advocating for your child
Planner	As a planner you can work with the staff to initiate ideas such as: <ul style="list-style-type: none">• Initiating and planning activities of interest to parents/guardians• Identify goals for the CAPE, Inc. program• Assisting in the planning process as a Committee Member
Decision Maker	As a decision maker you can attend meetings such as: <ul style="list-style-type: none">• Parent Committee/ Policy Council group meetings• Country-wide, city-wide, and state-wide Policy Groups• State, Regional, and National Head Start Association meetings
Paid Employee	As a parent/guardian you have access to career opportunities such as: <ul style="list-style-type: none">• Classroom postings for current job opening announcements• Access to apply for openings to qualified candidates• Access to learn about and obtain job qualifications

- Primary Educator As a prime educator you can model your behavior in actions such as:
- Working with your child to reinforce what he/she learns in school
 - Remembering that you are your child's primary teacher
 - Remembering that you are your child's first role model
 - Teaching your child to value education and learning
- Child Advocate As a child advocate your personal knowledge is key in:
- Understanding your child's needs and meeting them
 - Knowing and protecting your child's rights
 - Becoming an advocate for your child and other children in the community
- Leader As a leader you can be supportive in areas such as:
- Involvement in community (schools, government, health and human services) activities
 - Learning the political system and how it works
 - Using your leadership skills to assume a community leadership role

Policy Council

What is the Policy Council?

The Policy Council (PC) is a decision and policy setting group made up of parents from our Centers and Community Representatives. Parents who are attending CAPE Inc. programs, elect representatives annually from their centers. PC representatives are elected at the parent meeting at the beginning of each program year.

What does the PC do and why should I be involved?

CAPE Inc. is required to operate with the PC. The representatives are vital in that they must approve or disapprove major program decisions. These include but are not limited to:

Approval of staff hires
Approval of changes in the budget as required
Approval of changes to program services

The Office of Head Start establishes these guidelines. Parent Involvement is important to everyone participating in our program, especially your children. Research in Early Childhood Education clearly shows that children whose parents are involved do better, not only in preschool, but in elementary school as well!

What will I do as a PC Representative?

Each PC representative attends monthly meetings. This is your opportunity to share ideas/concerns and to make suggestions from your center to the PC. The representative also reports back to the center Parent Committee about actions taken by the PC. The Executive Director and the Support Services Manager attend the PC meetings to act as a resource and support for the council. As a representative you will be instrumental in the decisions affecting the whole agency and the classroom that you are representing.

The PC meetings are run using Parliamentary Procedures that have been established for non-profit organizations. If this is your first time participating in a group like this, it is a great opportunity to learn new skills that can be used in many other situations. Employers often consider this type of work leadership involvement when reviewing job applications and resumes. This is important work!

What is a PC Reimbursement?

As a member of the PC, you will receive a reimbursement payment for transportation and childcare. Meals will be provided for regular evening meetings.

**WE LOOK FORWARD TO WORKING WITH YOU
AS A REPRESENTATIVE OF THE
POLICY COUNCIL!**

Livermore Valley Joint Unified School District-Annual Notice Uniform Complaint Procedures (Board Policy 1314)

For participants of the State funded extended and full day state preschool programs in Livermore, the following Livermore Valley Joint Unified School District's Uniform Complaint Procedure is available for use after the CAPE Inc. Uniform Complaint Procedure has been followed, with the exception of the Almond Center.

The Livermore Valley Joint Unified School District has uniform complaint procedures, which are to be utilized and followed when parents/guardians, students or staff has complaints alleging violation of applicable state and federal laws governing educational programs.

Applicable violations covered under these procedures include unlawful discrimination based on age, sex, sexual orientation, gender, ethnic group identification, race ancestry, national origin, religion, color, mental or physical disability; failure to comply with state and/or federal laws in adult education, consolidated categorical aids programs, migrant education, vocational education, child care and development, child nutrition, and special education programs. A copy of the uniform complaint procedures is available at each school site, as well as the Superintendent's office, or the Student Services office.

Process

The principal will assist in filing the complaint and inform the Assistant Superintendent. Mediation and assistance from a third party is available but not mandatory. If mediation does not resolve the complaint, the investigation shall provide an opportunity for the complainant and district to present information relevant to the complaint. A written decision will be completed and submitted to the complainant. The complainant may appeal the decision of the program administrator to the Board of Education.

Complaints alleging discrimination must be filed no later than six months from the date when the alleged incident occurred or when the complainant first obtained knowledge of the facts of the alleged discrimination. The district will complete the complaint process, including appeals, within sixty (60) days.

Complainant has a right to file an appeal with the California Department of Education within fifteen (15) days of receipt of the district decision. Persons filing discrimination complaints must wait until 60 days has elapsed from the filing of an appeal with the California Department of Education before pursuing civil law remedies. It is the policy of the district that no person suffers any form of retaliation as a result of making a complaint.

Designated Program Administrators

1. Discrimination-Director of Human Resources
2. Adult Education-Director of Curriculum, & Special Projects
3. Consolidated Programs, Migrant Education, Vocational Education-Director of Curriculum & Special Projects
4. Child Nutrition-Assistant Superintendent
5. Special Education-Asst. Director of Special Education
6. Child Care and Development-Director of Student Services
7. General Education-See policy

Civil Remedies. A complainant may pursue available civil law remedies outside the districts complaint procedures. Complainants may seek assistance from mediation centers or public/private interest attorneys. Civil law remedies that may be imposed by a court include, but are not limited to, injunctions and restraining orders. For further information regarding free to low cost legal services contact:

Affordable Legal Aid Inc.-Hayward 520-317-8000

Legal Aid of Alameda County-Hayward: 800-200-0982

Community Alliance for Special Education (CASE)-San Francisco: 415-431-2285

CAPE Inc. UNIFORM COMPLAINT PROCEDURE

It is the intent of CAPE Inc. to fully comply with all applicable state and federal laws and regulations.

Individuals, agencies, organizations, students and interested third parties have the right to file a complaint regarding the CAPE Inc. allegations of unlawful discrimination (Ed Code sections 200 and 220 and Government Code section 11135) in any program or activity funded directly by the State or receiving federal or state financial assistance.

Complaints must be signed and filed in writing with the State Department of Education.

Child Development Division
Compliant Coordinator
1430 N Street, Suite 3410
Sacramento, CA. 95814

If the complainant is not satisfied with the final written decision of the California Department of Education, remedies may be available in federal or state court. The complainant should seek the advice of an attorney of his/her choosing in this event.

A complainant filing a written complaint alleging violations of prohibited discrimination may also pursue civil law remedies, including, but not limited to, injunctions, restraining orders, or other remedies or orders.

Education Code, section 200 and section 220 define the protected classes for allegations of unlawful discrimination to include: sex, gender, ethnic group identification, race, ancestry, national origin, religion, color, mental or physical disability, and sexual orientation or any other characteristic that is contained in the definition of hate crimes set forth in Section 422.55 of the *Penal Code*.

CAPE Inc.-Dispute Resolution Process --Impasse Procedures and Formal Communications

Formalized Dispute Resolution, Impasse and Formal Communications procedures are established to ensure that as issues arise, they are conveyed to the appropriate staff member or governing body for action.

Parents:

The following outline establishes a line of communication so the parties directly affected may become aware of questions and/or concerns and then work together towards mutual resolution.

- a) Any parent who has questions or concerns directly related to the preschool site should discuss these issues with the teacher. The teacher will respond to the parent's questions or concerns within 5 working days.
- b) If a parent feels that his/her questions or concern has not been satisfactorily answered, they should bring it to the attention of the Site Supervisor. The Site supervisor will respond within 5 working days.
- c) If a parent feels that his/her question or concern has not been satisfactorily answered they should bring it to the attention of the Center Operations Manager. The Center Operations Manager will respond within 5 working days
- d) If a parent feels that his/her question or concern has not been satisfactorily answered they should bring it to the attention of the Executive Director. The Executive Director will respond within 5 working days,
- e) Any parent who has questions or concerns related to Fiscal Services should bring it to the attention of the Executive Director. The Executive Director will respond within 5 working days.
- f) Any parent who has questions or concerns directly related to a Content Area Specialists in ERSEA, Health, Family Community Partnerships, Nutrition, or Education should be directed to the appropriate manager. Questions or concerns regarding Disabilities services should be directed to the Support Services Manager and Mental Health services related questions or concerns should be directed to the Mental Health Unit staff.
- g) Any parent who has questions or concerns related to the site based Child Development staff should contact the Center Operations Manager and related to Family Advocates should contact the Support Services Manager. The Managers will respond to the parent within 5 working days.
- h) If the parent is not satisfied, he/she may contact the Executive Director. The Executive Director will investigate the matter and report back within 5 working days.
- i) If the parent continues to feel dissatisfied with the action(s), he/she may bring the issue to the PC. The PC will establish a subcommittee to investigate and report their findings and recommendations. The PC may then vote on action to be taken to resolve the issue at the next scheduled PC meeting
- j) If the parent continues to express dissatisfaction with the action(s) and a resolution of the issue or dispute requires action of the BOD, a separate Board committee may be established to investigate the issue.
- k) Questions relating to general program operations, policies and /or procedures should be directed to the appropriate CAPE, Inc. manager (same as above).

PC Approval Date: 11-29-17

BOD Approval Date: 11-29-17

PERSONAL RIGHTS--Child Care Centers

Personal Rights, See Section 101223 for waiver conditions applicable to Child Care Centers.

(a) Child Care Centers. Each child receiving services from a Child Care Center shall have rights which include, but are not limited to, the following:

- (1) To be accorded dignity in his/her personal relationships with staff and other persons.
- (2) To be accorded safe, healthful and comfortable accommodations, furnishings and equipment to meet his/her needs.
- (3) To be free from corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse, or other actions of a punitive nature, including but not limited to: interference with daily living functions, including eating, sleeping, or toileting; or withholding of shelter, clothing, medication or aids to physical functioning.
- (4) To be informed, and to have his/her authorized representative, if any, informed by the licensee of the provisions of law regarding complaints including, but not limited to, the address and telephone number of the complaint receiving unit of the licensing agency and of information regarding confidentiality.
- (5) To be free to attend religious services or activities of his/her choice and to have visits from the spiritual advisor of his/her choice. Attendance at religious services, either in or outside the facility, shall be on a completely voluntary basis. In Child Care Centers, decisions concerning attendance at religious services or visits from spiritual advisors shall be made by the parent(s), or guardian(s) of the child.
- (6) Not to be locked in any room, building, or facility premises by day or night.
- (7) Not to be placed in any restraining device, except a supportive restraint approved in advance by the licensing agency.

THE REPRESENTATIVE/PARENT/GUARDIAN HAS THE RIGHT TO BE INFORMED OF THE APPROPRIATE LICENSING AGENCY TO CONTACT REGARDING COMPLAINTS:

Licensing Office Name: Community Care Licensing

Licensing Office Address: 1515 Clay Street, Suite 1102, Oakland, CA. 94612

Licensing Office Telephone #:510.622.6602

CHILD CARE CENTER--NOTIFICATION OF PARENTS' RIGHTS

As a Parent/Authorized Representative, you have the right to:

1. Enter and inspect the childcare center without advance notice whenever children are in care.
2. File a complaint against the licensee with the licensing office and review the licensee's public file kept by the licensing office.
3. Review, at the childcare center, reports of licensing visits and substantiated complaints against the licensee made during the last three years.
4. Complain to the licensing office and inspect the childcare center without discrimination or retaliation against you or your child.
5. Request in writing that a parent not be allowed to visit your child or take your child from the childcare center, provided you have shown a certified copy of a court order.
6. Receive from the licensee the name, address and telephone number of the local licensing office.

Licensing Office Name: Oakland Child Care Regional Office

Licensing Office Address: 1515 Clay Street, Suite 1102, Oakland, CA. 94612

Licensing Office Telephone #:510.622.6602

7. Be informed by the licensee, upon request, of the name and type of association to the childcare center for any adult who has been granted a criminal record exemption, and that the name of the person may also be obtained by contacting the local licensing office.
8. Receive, from the licensee, the Caregiver Background Check Process form.

NOTE: CALIFORNIA STATE LAW PROVIDES THAT THE LICENSEE MAY DENY ACCESS TO THE CHILD CARE CENTER TO A PARENT/AUTHORIZED REPRESENTATIVE IF THE BEHAVIOR OF THE PARENT/AUTHORIZED REPRESENTATIVE POSES A RISK TO CHILDREN IN CARE.



BIKE SAFETY

CARRYING YOUR CHILD SAFELY ON A BIKE

- ❑ NEVER carry a baby under age 1 on a bicycle. A baby does not have the neck strength to wear a helmet. The baby's back is not strong enough to sit straight with the motion of the bike.
- ❑ When a child is old enough to ride on an adult's bike, only a skilled rider should carry him/her.
 - Ride only in safe areas like parks, bike paths, or quiet streets.
 - Make sure both adult and child are wearing properly fitting helmets.
 - Make sure the child carrier has a high back, a lap and shoulder harness, and foot guards to keep feet away from the spokes.
 - Make sure the bike trailer has a high-backed seat and a lap and shoulder harness.
 - Check that carrier or trailer is fastened firmly to the bike.
Buckle the harness snugly around the child.

HEAD OUT SAFELY!

- ❑ Wearing a bike helmet is the most important way for your child to stay safe on a play vehicle, tricycle, or bike. A helmet can help reduce the risk of head injury by 85% when worn correctly.
- ❑ Toddler helmets are lightweight, because a toddler's neck is not strong enough for a regular helmet. Also, these helmets come down low around the back of the head for more coverage.
- ❑ Insist that your child wear a helmet whenever he/she rides. Every new helmet must meet the Consumer Product Safety Commission (CPSC) Standard and display a label stating that it meets the standard. On older helmets, look for a CPSC, ASTM¹, ANSI², or Snell³ sticker inside the helmet.

THE RIGHT FIT IS IMPORTANT!

- ❑ Make sure the helmet covers the upper part of the forehead and sits level on the head (two finger widths above the eyebrows).
- ❑ Use the foam pads inside to fit the helmet snugly so it doesn't slip around.
- ❑ Adjust the chin strap tightly enough so the helmet pulls down when the child opens his mouth.
- ❑ Adjust the two side straps so they meet in a "V" right under each ear.

Pedestrian Safety



Teach Your Children:

- Do not cross the street alone if you're younger than 10 years old.
- Stop at the curb before crossing the street.
- Walk, don't run, across the street.
- Cross at corners, using traffic signals and crosswalks.
- Look left, right, and left again before crossing.
- Walk facing traffic.
- Make sure drivers see you before crossing in front of them.
- Do not play in driveways, streets, parking lots or unfenced yards by the street.
- Wear white clothing or reflectors when walking at night.
- Cross at least 10 feet in front of a school bus.



VEHICLE SAFETY TIPS

The danger zone is the area on all sides of the bus where children are in the most danger of being hit. Children should stay ten feet away from the bus (or as far away as they can) and never go behind it. They should take five giant steps in front of the bus before crossing, so they can be seen by the driver.

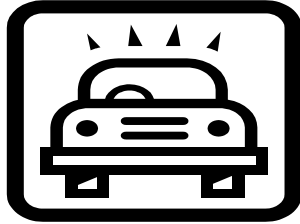
TEACH YOUR CHILD TO GET IN AND OUT OF VEHICLES SAFELY:

- ❑ When getting on the bus, stay away from the danger zone and wait for the driver's signal. Board the bus one at a time.
- ❑ When getting out of the vehicle, look before stepping out of the vehicle to be sure no cars are passing on the shoulder (side of the road). Move away from the vehicle.
- ❑ Look left-right-left when coming to the edge of the vehicle to make sure traffic is stopped. Keep watching traffic while crossing.

SAFETY STEPS YOU CAN TAKE:

- ❑ Supervise children to make sure they get to the stop in time, wait far away from the road, and avoid rough play.
- ❑ Teach your child to ask the driver for help if he/she drops something near the vehicle. If a child bends down to pick up something, the driver cannot see him/her, and the child may be hit by the bus. Have your child use a backpack or book bag to keep loose items together.
- ❑ Make sure clothing and backpacks have no loose drawstrings or long straps, to get caught in the handrail or bus door.
- ❑ Encourage safe school bus loading and unloading.

KEEPING KIDS SAFE IN OR AROUND VEHICLES



**NEVER leave children alone in or around vehicles....
NOT EVEN FOR A SECOND!!**

Many caring and responsible parents have left their children alone in a car, not realizing the risks involved. Some parents think it is safe to leave a child alone in a car while they run into the store, quickly drop off dry cleaning or while dropping another child off at school. Results of leaving a child alone in or around a vehicle can be deadly.

- ❑ The temperature inside a car can reach deadly levels in minutes.
- ❑ Children can set the vehicle in motion.
- ❑ The child might leave the vehicle to go look for you.
- ❑ Your child can be abducted.
- ❑ Drivers have difficulty seeing small children when they back up.

SAFETY TIPS

- ❑ Children **should never** be left alone in a vehicle, not even to run a quick errand.
- ❑ Keep vehicles locked at all times, even in the garage or driveway.
- ❑ Keys should never be left in reach of children.
- ❑ Teach your children to never play around a vehicle; drivers have difficulty seeing small children when they back up.
- ❑ Consider installing cross-view mirrors and/or backup detection device on your vehicle.
- ❑ Always make sure that all child passengers have left the car after it is parked. Don't overlook sleeping babies.
- ❑ If a child is locked inside a car, get them out as quickly as possible. If they are hot or seem sick, call 911 or your local emergency number immediately.
- ❑ When a child is missing, check vehicles and car trunks right away.

REMEMBER.....

A car is not a toy....

A car is not a playground.....

AND...

A car is certainly not a babysitter.

Distance Learning Plan

We are committed to making sure that students continue to experience the care and commitment of our staff and the routine of daily learning, even when that learning is happening virtually. Therefore, in collaboration with Education Coordinators/Coach, teaching staff will provide distance learning materials, lessons and weekly check-in to children that are receiving distance learning. The plan includes:

- Teachers will create specific activities aligned to meet the developmental needs of your child. Educational materials/activities will be mailed to families
- Parents will be asked to share specific activities that their child has completed, to support teachers in completing child assessments (DRDP 2015).
- Screener questionnaires will be completed by parents online. ASQ Online gives parents access to complete questionnaires from any device: phones, tablets or laptops. Parents may complete questionnaires anywhere there is internet access. Please ask your child's teacher in you need support in completing the ASQ Questionnaires online.

Virtual Circle Time

- CAPE Inc will obtain parental consent prior to first Zoom Circle Time
- Teaching staff will schedule zoom circles with families
- Teaching staff will also conduct weekly check-ins with families (or as needed)

EARLY HEAD START/ HEAD START FULL DAY PARENT NOTIFICATION OF ATTENDANCE POLICY

Early Head Start/ Head Start Full Day center-based and Family Child Care Home services are designed to meet the child care needs of parents that are in school, work or formal training while providing a high-quality child development program and comprehensive health and family services. Early Head Start/Head Start centers and Family Child Care Homes are open between 9 and 11 hours per day Monday through Friday, with periodic breaks and holidays as indicated by the center calendar. Parents may utilize childcare services at any time between those program hours in accordance with the schedule agreed upon in the Admission Agreement.

Our program regulations require a phone call from the parents each time their child is absent from school within one hour of program start time or earlier on the day of the absence. If a child is unexpectedly absent for more than thirty minutes and a parent has not contacted the program, staff will attempt to contact the parent to ensure the child's well-being. If your child is absent for three days or more due to illness, a doctor's note may be required. If a child is absent without notification for 2 days, staff will do a home visit to reengage family.

Regular attendance on your scheduled days ensures that the program is meeting federal guidelines. **Irregular attendance is defined as two (2) excused or unexcused absences within a thirty (30) day calendar month and absence rate that exceeds 10%.**

Excused Absences may include:

- ❖ hospitalizations, serious illness, injury or other health ailments that temporarily prevent attendance
- ❖ communicable disease
- ❖ death in the immediate family (*immediate family includes mother, father, sister, brother, grandmother, grandfather, granddaughter, grandson, son, daughter, son or daughter of the spouse; and spouse, domestic partner, or any relative living in the immediate household*)
- ❖ religious family activities
- ❖ certain temporary situations that prevent attendance (with prior submission of an extended absence request)

In order for an absence to be excused, families must contact the center/Family Child Care home to inform them of the reason for absence within one hour of program start time or earlier on the day of the absence. If you do not contact the center/Family Child Care Home, the absence will be considered unexcused. If your child has chronic unexcused absences, the family may be required to move to another program option (if available) in order to offer the Head Start/Early Head Start slot to a child who will be able to attend regularly.

Parents must also pick up and drop off their child at their contracted hours. Children also may not be picked up early or dropped off late on a regular basis. Failure to attend regularly and punctually may result in the development of a plan to improve attendance and/or punctuality or moving to another program option (if available).

Staff can work together with you to provide resources to ensure that your child will be able to attend regularly. We hope that, together, we can ensure regular attendance and a wonderful experience for you and your Early Head Start/ Head Start child.

Excused Absences

The following are excused absences:

- Death in the immediate family
- Serious Illness, communicable disease, Hospitalization, injury or accident of the child or a relative or specific quarantine
- Family Displaced from home
- CPS Intervention
- Court Mandate to be with a parent/Guardian/relative (copy of court order required)
- Catastrophic Weather conditions

BI – Best Interest Days (maximum 10 per program year); **Requires prior approval from Enrollment Office, requested with Extended Absence Request form.**

- Vacation
- Religious family activities
- Visit with a relative that the child does not get to see often

If a family is absent for a reason besides those listed in the excused absences, it is unexcused. Also, if a child cannot attend because they have not met required health requirements (i.e. physical and TB within 30 days of entry), those absences are unexcused. Children cannot benefit from the program when they do not attend, and CAPE Inc. does not receive state funding for unexcused absences. We encourage parents to have their children attend the program on a regular basis.

Summary of Services

Thank you for applying to CAPE Inc. We are committed to provide high quality child development and comprehensive services to our children. CAPE Inc. is funded through grants with the Federal Head Start Program and the California Department of Education. In order to receive these grants, we are mandated to have health, education and family service requirements completed on all children. As a participant in our program, you will be asked to complete required paperwork as well as meet health standards mandated by federal and state guidelines. All information obtained from children and families will be held in strict confidence by CAPE Inc. and used for program planning.

Education

Education Home Visits

Parent Conferences, Assessments, Behavioral and Developmental Screenings

Health Requirements for children in preschool

- Negative TB Skin Test/ Risk Assessment, Clear Chest X-Ray, or clearance from a physician before entry into classroom and every 2 years
- Physical Exam
- Hearing and vision screening
- Blood Pressure
- Dental Exam
- Follow up Medical and Dental treatment
- Hemoglobin
- Lead Testing
- Current Immunizations
- Nutrition Questionnaire
- Health History
- Proof of medical and dental insurance
- Plans for specific health/nutrition conditions

Health Requirements for children in Early Head Start

Well Baby Checks at 2, 4, 6, 9, 12, 15, 18, 24, 30, 36 months

Negative TB Skin Test/ Risk Assessment, Clear Chest X-Ray, or clearance from a physician

Current Immunizations

Family Services for children in Head Start/Early Head Start

Family Assessment

Family Partnership Agreement

Eligibility for Full Day Families

Working or in school full time

In addition, you will be invited to participate in classroom activities, parent meetings and trainings throughout the year. To participate in your child's classroom you will need to provide a negative TB test or chest X-Ray, a Statement of Good Health and in compliance with CA SB 792 (Proof of vaccination for measles, Pertussis & flu Vaccine) We look forward to establishing a partnership with you and your family and working to make this a year filled with rewarding opportunities.

EXCLUSION GUIDELINES

Exclusion will be based on the following criteria:

- The child's illness poses risk to others.
- The illness prevents the child from participating comfortably in routine activities.
- The illness requires more care than the childcare staffs are able to provide without compromising the health and safety of the other children.
- The child has any of the following:
 1. Fever along with behavior changes or other signs of illness such as sore throat, rash, vomiting, diarrhea, earache, etc. Child must be fever free for 24 hours before returning or until medical clearance or symptoms are gone. Fever is defined as having a temperature of 100 F or higher taken under arm or oral temperature of 101 F or higher, and ear temperature of 102 F or higher. Oral temperature should not be taken on children younger than three years of age. Rectal temperatures are not allowed in the childcare setting.
 2. Symptoms and signs of possible severe illness which may need further medical evaluation may include unusual tiredness, uncontrolled coughing, wheezing, continuous crying, irritability, or difficulty breathing.
 3. Diarrhea (loose, watery) not associated with changes in diet or medication. Child must be diarrhea free 24 hours before returning to childcare. Any bloody stools.
 4. Vomiting associated with illness occurring more than once in the preceding 24 hour period.
 5. Unexplained body rash.
 6. Sore throat with fever and swollen glands or white patches in back of the throat.
 7. Eye discharge – redness of the sclera (white of the eye), thick mucus or pus draining from eye.
 8. Lice; See lice policy.
 9. Scabies, until after treatment is completed.
 10. Severe coughing – harsh barking cough causing child to get red or blue in the face, or making a high-pitched whooping sound after coughing. Severe coughing that prevents the child from participating in normal activities.
 11. Strep throat, or other streptococcal infection, until 24 hours after initiation of antibiotic treatment and no fever (see definition of fever).
 12. Jaundice – yellowing of the skin or the entire white area of the eyes.
 13. Impetigo, until 24 hours after treatment has been initiated.
 14. Mouth sores with drooling or blisters.
 15. Pertussis (Whooping Cough), until 5 days of antibiotic treatment.
 16. Chicken Pox (Varicella), until all sores are crusted over.
 17. Tuberculosis, until a health care provider states that the child can attend childcare.
 18. Hepatitis A, mumps, measles, rubella or shingles until cleared by health care provider.

Parent Volunteer Agreement

Volunteering is essential to all CAPE Inc. programs. The success of the program depends upon active participation of parents/guardians and others in the community. The Head Start program is required to have a certain amount of volunteer efforts (called "In-kind") in order to continue to receive funding from the federal government.

By volunteering, you will become acquainted with our program, see its strengths and goals, and help staff make it a fun learning experience for all.

There are many ways that volunteers can contribute to our program both inside and outside of the classroom. Each volunteer comes to the program with different experiences, skills, and talents.

Why Volunteer?

- Volunteers receive work experience and training
- Parents/Guardians who volunteer become partners in the daily operations of the program
- Volunteers provide increased services to the children and families that we serve
- Volunteers become positive role models to children and other parents/guardians in the program

Parent Guidelines for Quality Classroom Participation

- Keep cell phone use outside of the classroom.
- Volunteering in the classroom is defined as anything longer than drop off and pick up except for prescheduled parent events.
- Communicate with your child's teacher when you plan to stay in your child's classroom to find out how you can be most useful.
- Although we value all children, **our licensing regulations prohibit us from having siblings in the classroom** except for drop off and pick up.
- Your child has the luxury of having you for their own while at home. While in the classroom, please share yourself with all of the children.
- When needed, please redirect a child. Do not discipline, **including your own child**; instead ask a teacher for assistance
- We are working on helping the children to learn to do things independently. Please join us in showing (role modeling for) the children how to do, rather than doing for them.

Requirements:

- TB Skin Test/Chest X-Ray Clearance, mandated vaccinations in accordance with CA SB 792 (proof of vaccination for measles, pertussis and flu vaccine) and statement of good health for volunteering inside of the classrooms and in the presence of children.
- Volunteers are responsible for maintaining complete confidentiality of all information. **Confidentiality will be maintained at all times and case information will only be released with the written authorization of parent/guardian.**
- Volunteers are expected to follow CAPE, Inc.'s employee dress code.
- Respect and promote the unique identity of each child and family and refrain from stereotyping on the basis of gender, race, ethnicity, culture, religion or disability.

Partnering with parents is a valued part of CAPE Inc. We look forward to your joining us in creating quality classrooms for our children!

PARENT CODE OF CONDUCT

CAPE Inc. staff and parents/guardians must work together to maximize each child's success in our programs. CAPE Inc. staff is committed to supporting families and we request the support of parents/guardians.

As a parent/guardian of a child enrolled in a CAPE Inc. Program, you are expected to:

Ensure staff, consultants, contractors, and volunteers do not maltreat or endanger the health or safety of children, including, at a minimum, that staff must not:

- Use corporal punishment;
- Use isolation to discipline a child;
- Bind or tie a child to restrict movement or tape a child's mouth;
- Use or withhold food as a punishment or reward;
- Use toilet learning/training methods that punish, demean, or humiliate a child;
- Use any form of emotional abuse, including public or private humiliation, rejecting, terrorizing, extended ignoring, or corrupting a child;
- Physically abuse a child;
- Use any form of verbal abuse, including profane, sarcastic language, threats, or derogatory remarks about the child or child's family; or,
- Use physical activity or outdoor time as a punishment or rewards;

Ensure staff, consultants, contractors, and volunteers respect and promote the unique identity of each child and family and do not stereotype on any basis, including gender, race, ethnicity, culture, religion, disability, sexual orientation, or family composition;

Require staff, consultants, contractors, and volunteers to comply with program confidentiality policies concerning personally identifiable information about children, families, and other staff members in accordance with protections for the privacy of child records of and applicable federal, state, local, and tribal laws; and,

Ensure no child is left alone or unsupervised by staff, consultants, contractors, or volunteers while under their care.

Staff Rights

All staff have the right:

1. To be treated and talked to respectfully by other staff, parents and children.
2. To work with healthy children and to be free from exposure to disease.
3. To be free to develop a curriculum based upon developmentally appropriate practices.
4. To feel safe and to work in a non-threatening environment.
5. To be listened to with respect and heard by staff and parents.
6. To be able to leave work at their scheduled hour (this means that children will be picked up at the scheduled time).
7. To be appreciated for the hard work of providing the best for your child.

CAPE Positive Behavior Philosophy

CAPE believes that all children have a right to learn and play in a safe, nurturing environment where they are treated with respect and kindness. CAPE staff strives to develop strong social-emotional skills in our students as a foundation for academic learning and lifelong relationships, and to promote safe and respectful interactions at CAPE. CAPE believes that families and school staff are partners in fostering children's social and emotional well-being, and we look forward to working with you to support your children's success at school and in their life.

Our Commitment to Promoting Positive Behavior

The healthy social and emotional development of children is a priority for CAPE. When unsafe or inappropriate behavior occurs in our schools, our staff address the behavior and help redirect the child to pro-social behavior. Our teachers use the following strategies to help address unsafe/inappropriate behaviors:

- Staff strive to create a safe and welcoming environment for all children and families.
- Staff acknowledge each child as often as possible for pro-social behaviors such as being kind, being safe, being friendly, listening, problem solving, taking initiative, helping others, etc.
- Staff use a variety of methods to support children in developing friendships, learning to express and recognize feelings, and learning how to manage anger and impulses.
- Staff model and coach conflict resolution skills to help children learn to resolve conflicts independently.
- Staff will meet as a team to discuss ways to teach pro-social skills and prevent and address unsafe/inappropriate behavior.

Expectations for Children's Positive Behavior at School

CAPE guides students in meeting the following expectations:

- Develop positive relationships with peers and adults: "We are friendly. We are kind."
- Understand and respect the rights and feelings of others: "We are respectful."
- Engage in safe behavior and be responsible for own behavior: "We are safe."

Admission Agreement for CAPE Inc.

CAPE Inc. provides an educational school experience for children at eight centers located in Livermore, Pleasanton, Dublin, and Hayward. CAPE Inc. receives funding from Head Start/Early Head Start and the California Department of Education and does not charge for services for income eligible families. Fees for state funded services are based on a sliding fee schedule.

When your child is enrolled, you can expect to receive the following services:

CENTERS:

Bess Platt Center: <input type="checkbox"/> RM A <input type="checkbox"/> RM B <input type="checkbox"/> RM C	Almond Center: <input type="checkbox"/> EHS 36a <input type="checkbox"/> EHS 36b <input type="checkbox"/> EHS 37a <input type="checkbox"/> EHS 37b <input type="checkbox"/> RM 38/12 <input type="checkbox"/> RM 39/12	Jackson Center: <input type="checkbox"/> EHS A <input type="checkbox"/> EHS B <input type="checkbox"/> Preschool
Ormond Center: <input type="checkbox"/> RM A <input type="checkbox"/> RM C	Hill and Dale Center: <input type="checkbox"/> Preschool	Frederickson Center: <input type="checkbox"/> Preschool
Sunset Center: <input type="checkbox"/> EHS <input type="checkbox"/> HS	Burke Academy: <input type="checkbox"/> EHS 1 <input type="checkbox"/> EHS 2 <input type="checkbox"/> EHS 3	

*****During the COVID 19 pandemic our centers are operating with modified schedules:**

FULL DAY PROGRAMS

Early Head Start: Monday–Thursday 8:00-4:30, Friday 8:00-3:00
 Toddler Option component of a Preschool license serving children 18-36m

Preschool: Monday-Thursday 8:00-4:30, Friday 8:00-3:00

EXTENDED DAY PROGRAMS

Monday-Thursday 8:00-2:30; Friday 8:00-11:00

Monday-Thursday 8:30-3:00; Friday 8:30-11:30

Monday-Thursday 9:00-3:30; Friday 9:00-12:00

PART DAY PROGRAMS

Monday-Thursday 9:00-12:30

Monday-Friday 8:30-11:30

MODIFIED PROGRAM HOURS

Please indicate modified hours child will attend: _____

Nutrition: Children who attend full or extended day classes receive breakfast, lunch, and an afternoon snack. Children attending part day Head Start classes receive a.m. snack and lunch. Children attending part day state classes will receive a mid-morning or mid-afternoon snack.

Health: All children must complete California Community Care Licensing as well as Head Start/Early Head Start health requirements.

Social Services: Families will be informed of available community resources.

Parent Services: Families will be provided information for training, education, career development, and opportunities to become involved in every aspect of the program.

Exceptional Needs: All Head Start/Early Head Start children will be screened within 45 days of enrollment. Referrals for evaluation through the school district/Regional Center of the East Bay will be done as needed. If the child is eligible, follow-up services are provided. CAPE Inc. provides an inclusive classroom experience in which all children are nurtured and participate in play and learning activities together. The philosophy of an inclusive program is to acknowledge and support the individual needs of each child and to make sure every child feels welcome.

Absences/Attendance: Children are required to attend school daily. If your child is ill or unable to attend school, the center must be notified. If the center is not notified, your child's teacher will call to verify the absence. Absences of 2 consecutive days without contact from the parent/guardian will be followed up. Children who have chronic absences due to illness may be asked to provide documentation from their medical professional for absences. Excessive, unexcused absences can result in termination from the program. (Please see CAPE Inc. Attendance Policy)

Withdrawal from the Program: If you are withdrawing your child for any reason, please notify the CAPE Inc. enrollment office at **(925) 443-3434 x124 or x125**. If you are moving to another city in our service area and would like to continue services, we will make every effort to transfer your child when an opening becomes available.

Termination from the Program

This agreement shall be terminated should any of the following occur: excessive absenteeism; fraud; failure to re-certify; failure to meet California State/licensing requirements; fees for services (fee paying state funded preschool slots) are not kept current; verbal or physical abuse of any child, staff, school property or other parent by the enrolled family or its designee; failure of parent/guardian to honor the obligations contained in this agreement or rules and regulations provided by the program; or the program determines that it is unable to meet the needs of the child and/or it is not in the best interest of the child and other enrolled children to have the child in attendance in the center.

Family Fees: Fees for state funded programs are based on a sliding scale adjusted for income level and family size. If fees are required, an official Notice of Action will be provided prior to enrollment stating the daily charge. When fees are applicable, they are due in advance of service and are delinquent seven (7) calendar days from the 1st of each month. If fees are not collected, a Notice of Action will be sent terminating the child from the program. Payments are to be made by check or money order only. Cash will not be accepted. There will be a \$35 charge for checks returned for insufficient funds. Overpayment of fees will be reimbursed at the rate in effect at the time of overpayment. When enrollment hours or fees are to be amended, a Notice of Action will be issued, and a new agreement will be signed.

Requirement to Refrain from Religious Worship: CAPE Inc. refrains from the practice of religious instruction and/or worship as part of the children's classroom program or overall agency functions.

Rights of the Licensing Agency

The Department of California, Division of Community Care Licensing Agency shall have the authority to:

- The Department has the authority to interview children or staff without prior consent.
- The Department has the authority to inspect, audit and copy childcare center records upon demand during normal business hours. Records may be removed if necessary, for copying. Removal of records shall be subject to the requirements in Sections 101217(c) and 101221(d).
- The Department has the authority to observe the physical condition of the children, including conditions that could indicate abuse, neglect, or inappropriate placement.

Signing of this Admissions Agreement acknowledges your understanding and acceptance of all conditions for enrollment/policies & procedures and your receipt of the Parent Handbook, operating regulations, Personal Rights of the Children and Rights of the Parent.

LATE PICK- UP POLICY

For the purpose of this policy, the term parent represents the child's primary caregiver.

- It is the parent's responsibility to notify their child's center if they are unable to pick up their child at the time specified on their admission's agreement. (Parent is still required to sign Late Pick-Up Documentation Form).
- It is a parent's responsibility to provide the school with LOCAL names and telephone numbers of those persons who are authorized to pick up their child. Children will be released only to those persons **over the age of 18 and listed on the Identification and Emergency Card**. These cards must be verified monthly and updated in writing by the primary parent/guardian when changes occur.
- If a child has not been picked up by the closing time of the center and no one on the Identification and Emergency Card can be reached to pick up the child, the following procedure will be implemented: The teaching staff and administrative staff will determine the best plan of action which may include calling the Police Department. CAPE Inc. staff must never transport children from the center. **The child will only be released to persons over the age of 18 and listed on the child's Identification and Emergency Card**.
- If your child is picked up late, the staff and the person picking up the child will sign the Late Pick -Up Documentation form. A copy will be provided to the parent.
- After three (3) late pickups within the program year, the parent will be required to meet with the center staff, family advocate and ERSEA Staff within ten days to develop a plan of correction.
- During the Late Pick-Up meeting with center staff, family advocate, and ERSEA staff, the parent will be informed that their child's services are at risk of termination if late pick-ups continue.
- If after the Late Pick-Up meeting another late pick-up occurs, a management team meeting will be conducted to review the case. The team may explore other placement options that would better meet the child's needs. The child may be terminated, and a Notice of Action for termination of services may be issued immediately for children in a state funded program and given to the parent.

Revised 04/2012
PC Approval: 06/2012

Termination of Services

Termination of services by CAPE Inc. may occur for the following reasons:

- Excessive absenteeism
- Fraud (providing false information or false documentation)
- Failure to re-certify (State preschool)
- Failure to meet California State/licensing requirements including physical exam, TB and immunization requirements
- Fees for services are not kept current for full day state preschool classes
- Failure of parent/guardian to honor the obligations contained in the admissions agreement or rules and regulations provided by the program
- The program determines that it is unable to meet the needs of the child and/or it is not in the best interest of the child and other enrolled children to have the child in attendance in the center
- Verbal or physical abuse of any child, staff, school property or other parent by the enrolled family or its designee
- Violation of the CAPE Inc. Late Pick Up Policy
- If termination of services should occur, CAPE Inc. will work with the families to provide resources for other child care options